

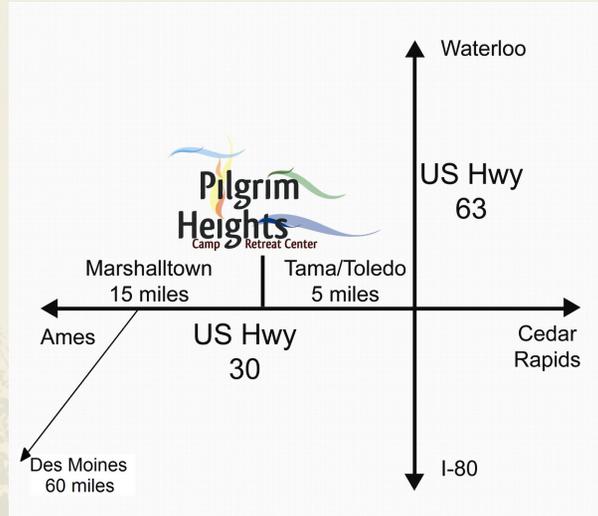
WHY CAMP?

A camp experience is beneficial for a variety of reasons...

Camp:

- * teaches independence
- * develops self-esteem
- * allows for healthy risk-taking in a safe & nurturing environment
- * develops authentic relationships with peers & adults
- * stimulates understanding of place in the natural world
- * inspires participation in human powered activities

**BUT MOST OF ALL, CAMP WILL
CREATE MEMORIES THAT LAST
A LIFETIME!**



PILGRIM HEIGHTS CAMP & RETREAT CENTER

Summer Camp 2020

CONTACT US

Our Sacred Space, Inc.

3005 E Ave

Montour, IA 50173

(641) 492-6165

contactuse@pilgrimheights.org

**Even youths grow tired
and weary, and the young
stumble and fall; but
those who hope in the
Lord will renew their
strength. They will soar
on wings like eagles; they
will run and not grow
weary, they will walk and
not be faint.**

Isaiah 40:30-31

Throughout each camp you will experience an awakening of your spirit to renew a sense of joy and wonder of fellowship and nature.

**AWAKEN
EXPERIENCE
RENEW**

2020 Camp Schedule

May 8-10 Mother's Day Camp \$180/per
(\$500/max per family limit 4, \$100 ea extra)

June 14-17 You & Me \$250/per
Camp with Special Mentor/Mentee/
Grandparent (K-5)

June 28-July 1 Primary Camp \$250 (K-3)

July 12-17 Service and Servant Leadership
(Gr. 7-12) \$250

July 19-24 Three Camps to Choose From!
Mid-Level Camp (Gr. 4-6) \$450
Jr. High Outpost Camp (Gr. 6-8) \$450
High School Night Owl Camp (Gr. 9-12)
\$450

July 26-31 Adventure Camp Part II (Gr.
9-12) \$650 per (includes transport/
guide/food and lodging)
(Boundary Waters, WI)

Aug 7-9 UCC Summer Retreat (All Ages)
\$200

Sept. 11-13 Bluegrass Jam Camp (Gr.
5-12) \$180

Please Contact
Aiddy Phomvisay, Executive Director
with questions: 641-750-3369 or
Aiddy.Phomvisay@pilgrimheights.org

Camp Descriptions

You and Me Camp

Awaken and experience camp with a special adult in their life. Inter-generational activities abound!

Service and Servant Leadership Camp

The power of discipleship is finding joy in the service to others and our community. Building strength and skills through learning about discipleship and spiritual leadership skills

Mother's Day Special Weekend

Treat your mother, grandmother or any special adult on this special weekend. Spend quality time together relaxing playing games, crafts and nature. The cooking and cleaning is on us!

Primary Camp

Exciting 3 days, 2 nights with experienced camp leaders of the Lauterbach family. Young campers will experience joy through creative play, worship, music and exploration of nature.

Mid-Mid-Level Camp

One of our most jammed packed weeks of camping for young teens. Full of exciting camp activities including horse rides, archery, swimming, fishing and games!

Jr. High Outpost Camp

For those adventurous young teens who want to experience and learn the skills of outdoor camping

High School Night Owl Camp

Do you like to sleep in and stay up late? Back by demand- Night Owl camp activities abound after dark!

Adventure Camp Part II

Last year it was the upper Iowa River, this year we step it up and head to the the glorious Boundary Waters for canoeing/ kayaking/camping outdoor adventure!

UCC Summer Retreat

Intergenerational and ecumenical retreat exploring the joy of discipleship

Bluegrass Jam Camp

Our 2nd annual Bluegrass Festival and Jam Camp. Come learn how to play an instrument and jam! Featuring high quality instruction from experienced Bluegrass artists.